



CITY OF
PRINCE GEORGE

DAILY HEALTH ASSESSMENT

**PRIOR TO ENTERING THE WORKPLACE,
EACH EMPLOYEE IS REQUIRED TO PERFORM THIS
DAILY HEALTH ASSESSMENT**

PLEASE DO NOT ENTER THIS WORKPLACE IF YOU:

- Have travelled outside of Canada within the last 14 days
- Have been identified by Public Health as a close contact of someone with COVID-19
- Have been told to isolate by Public Health
- Are displaying any of the following new or worsening symptoms:
 - Fever or chills
 - Cough
 - Loss of sense of smell or taste
 - Difficulty breathing
 - Sore throat
 - Loss of appetite
 - Extreme fatigue or tiredness
 - Headache
 - Body aches
 - Nausea or vomiting
 - Diarrhea

I declare that I have performed the health assessment as outlined above, do not meet any of the criteria, and am able to attend work.

Print Name

Date

PLEASE SUBMIT THIS FORM TO YOUR SUPERVISOR

**If you are displaying symptoms consistent with COVID-19, do not enter the workplace.
Return home, notify your supervisor of your absence and contact the
Northern Health COVID-19 Online Clinic and Information line at 1-844-645-7811**